

What happens if it doesn't stop?

Talk to your parents so they can speak to someone at the school.

Ask someone in Student Services to make an appointment time for you to talk to a School Counsellor, Year Level Leader, Assistant Principal, Deputy Principal or Principal.

Talk to your friends, they could support you when visiting one of the above people.

Other useful resources you could access are:

Web addresses:

www.esafety.gov (manage online safety & report abuse)
www.antibullying.net
www.bullyingnoway.com.au
www.kidshelp.com.au
www.cyberbullying.info
www.bhs.sa.edu.au
www.eheadspace.org.au (all about mental health for youth)
www.reachout.com

- **Parent Helpline:** 1800 222 696
- **Kids Helpline:** 1800 551 800
- **Child and Youth Health Parent Helpline:** 1300 364 100

Our School Values

Respect for the potential, dignity and worth of each individual.

Academic excellence as the basis for developing individual potential, and achievement.

Welcome, embrace, understand and respect cultural diversity.

Respect and concern for the environment.

Active citizenship for a better world.



HARASSMENT & BULLYING POLICY AND PROCEDURES

All students have the right to be safe and do well at school.

This brochure explains bullying and harassment, how you can report it and what can be done to stop it. Our detailed harassment and bullying policy was updated November 2015 and can be found on the school website.

Endorsed by Blackwood High School Governing Council on 1 December 2015.



CRISCOS provider No. 00018A



4 Seymour Street, Eden Hills SA 5050
Ph: 8278 0900 Fax: 8278 0999
Email: blackwood@bhs.sa.edu.au



What is bullying and harassment?

Bullying and harassment is when people deliberately say or do things to you that make you feel anxious/embarrassed/uncomfortable and unsafe or that hurt you. When you ask them to stop they don't.

There are many different types of harassment and bullying.

Examples include:

- Cyber (text or internet)
- Gender based
- Physical
- Racial
- Relational
- Sexual
- Social (exclusion)
- Verbal

If you stand by and watch someone else being bullied or harassed this is called **bystander behaviour**.

NONE OF THESE BEHAVIOURS ARE OKAY.

At Blackwood High School, harassing and bullying behaviours are NOT ACCEPTABLE

What can you do if you see bullying and harassment?

If you see someone being bullied or harassed, please report it to an adult you trust.

Stopping bullying and harassment starts with you.

Treat everyone with respect. Know that 'put-downs' hurt others. Help others who are being bullied and harassed.

If you are being bullied and harassed you can ...

In the first instance - ignore it, walk away

or

talk to the person who is harassing you, tell them what they are saying or doing is hurtful and that you want them to stop .

or

talk to a friend or family member for support or advice

How to report

Report to a trusted adult what happened and when and where it happened. They will listen to you and write down your report. Suitable people at the school that you can report this to, are your Care Group Teacher, Year Level Leaders, the Student Counsellors, or any of your teachers

When to report

Report the bullying and harassment as soon as you become concerned about it. If you ignore it, things may get worse.

What will staff at school do about bullying and harassment?

Listen and help you to see if there is anything you can do to help the situation

Document reports of Harassment and Bullying.

Provide **support** and/or **counselling** for the harassed student and harasser (victim and perpetrator).

May conduct a **restorative meeting** with the people involved (these may include students, teachers and parents) during which a Restorative Agreement will be written up.

Apply **appropriate behavior consequences** as part of the Culture of Respect.

Notify parents of students about the incident as well as follow up action to be taken.

Check on the effectiveness of any action taken within the next two weeks.

Provide ongoing **monitoring and support** for the people involved.